

GOT STUFF?

As of 3/7/2024

Whether you're moving in, moving up, or just living in your forever apartment, you have "stuff." Some you no longer need, some you no longer want, some you want to share with others, some are the detritus of daily life. ("Stuff" is identified herein to include physical items, suggestions, money, and blood.) GHBC residents are a generous and thrifty and economical lot and hopefully this document will help residents know where to donate or leave their stuff, so that it reaches its appropriate destination.

Guide to the attached list:

1. **ITEM:** In alphabetical order, stuff that can be donated or dropped off.
2. **WHERE TO DROP OFF:** The location to which to take stuff. (RBC = Resident Business Center)
3. **RESPONSIBILITY OF:** The department, office, or person responsible for collection and/or disposition of stuff. DO NOT CONTACT them unless there are specific instructions to do so or if you have a question.
4. **DESTINATION:** The ultimate disposition of the stuff.

Contact Carol Lewis at poplewis@hotmail.com with questions or changes.

Find this list on the GHBC resident website on Announcements at [GHBC Residents: Announcements](#) and on New Residents/Important Information & Maps at [GHBC Residents: New Residents - Important Information and Maps](#)

WHAT TO DO WITH YOUR STUFF
Where to donate/dispose of items at GHBC
RBC = Resident Business Center

ITEM	WHERE TO DROP OFF	RESPONSIBILITY OF	DESTINATION
Aerosol cans	RBC - Bin in marked cabinet	Environmental Services, ext. 7240	Safe disposal off-site
Art supplies	Art Center tables	Leave note with donation for Sarah Henninger with your name & ext.	GHBC Art Center for residents' use; unusable items donated to creative youth centers
Batteries, used	RBC - Divided tray on top of counter	Environmental Services, ext. 7240	Safe disposal off-site
Blood donations	GHBC Blood Drive – Date, time, & place to be determined annually	Ron Karpick, ext. 7399, lungone@msn.com	Inova Blood Donor Services
BOOKS			
Books, Adult, Hardback	Reception Desk GHBC Residents: Library	Send list of books to Noel Sipple, mnsipple@gmail.com	GHBC Library for residents' use
Books, Adult, Paperback	GHBC Library	Leave in a bag in the library office	GHBC Library for residents' use
Books, Adult	2 nd & 3 rd Floors	Michelle Weinstein, mweinstein@goodwinliving.org	GHBC 2 nd & 3 rd floor residents
Books, Adult/Children, Hardback & Paperback	GHBC Little Library, S Jefferson St. - Leave books in Little Library or in box in Art Center GHBC Residents: Giving - Community Service Projects	Nancy & Bob Simpson, ext. 3181. Call/text Bob's cell phone for pickup of books: 571-249-6401	GHBC Little Library for community borrowing/exchange
Books, Art	Art Center (if ok'd by Margaret Kelley)	Call Margaret Kelley, ext 3147, before leaving in Art Center	GHBC Art Center for residents' use

ITEM	WHERE TO DROP OFF	RESPONSIBILITY OF	DESTINATION
Calendars, current year	Reception Desk	Leave for Fred Morhart, Apt 1276	Presbyterian Meeting House for Richmond, VA Prison System
----- Calendars, current year	----- Health Care Center (2 nd floor)	----- Vilma Menéndez, vmendendez@goodwinliving.org	----- GHBC 2 nd floor residents
Canned Goods	RBC – Bin in marked cabinet Community Service Committee GHBC Residents: Giving - Community Service Projects	Lee Vickers, ext. 7391	Our Lady Queen of Peace for 600 needy families
Cars	Goodwin Living Foundation GHBC Residents: Giving - Goodwin House Foundation	James Woodward, 703-824-1373, jwoodward@goodwinliving.org	Sold; proceeds to Goodwin Living Foundation
Christmas decorations (also gifts, ornaments, household items, personal accessories, silver, china, jewelry in clean useable condition)	Holiday Bazaar - Annually in December; donate all year at WhatNot Shop, alternate Thursdays, 10 a.m.-11:30 a.m.	Barb Molino, ext. 3149, Joanie Dellefield, ext. 3134	Proceeds to Goodwin Living Foundation
Clothing In clean useable condition	Community Service Committee GHBC Residents: Giving - Community Service Projects	Joanie Dellefield, ext. 3134, John Ewing, ext. 7538, Jane Karpick, ext. 7399, Ken McCloud, ext. 3104, Jane Roningen, ext. 3109	Clock Tower Thrift Store, PathForward, & Our Lady Queen of Peace.
Compost (use green bags) Compost sign yes no.pdf (ghbcresidents.org)	Bin in Market Place Lobby	Residents & staff	Off-site company collects & turns into mulch for use at GHBC
Dental Supplies	RBC – Bin in marked cabinet	Susan Daniels, ext. 3162, sdaniels888@gmail.com	Culmore Clinic & Dar Al Hijrah Mosque
Document shredding	RBC - locked shred bin from ShredIt. Also 2 shredders for resident use. Computer Room - Cross-Shredder	ShredIt collects & shreds monthly. Other shredders	ShredIt – secure disposal off-site Environmental Services empties & recycles
DVD videos	Library	Noel Sipple, mnsipple@gmail.com	GHBC Library for residents' use

ITEM	WHERE TO DROP OFF	RESPONSIBILITY OF	DESTINATION
Electronics, used	GHBC IT Office GHBC Residents: IT Services	ResidentialHD@goodwinliving.org ext. 1277	Disposal off-site; recycled in accordance with local, state, & Federal law
Eyeglasses, useable	RBC - Lion's Club donation box on counter	Jane Brungart, ext. 7553	Lion's Club - recycling center for distribution to US & other countries.
Furniture (no mattresses, springs, or upholstered furniture)	WhatNot Shop, profits to Goodwin Living Foundation GHBC Residents: Giving - WhatNot Shop	Tinia McNeely, ext. 7240, coordinates with shop organizer Barbara Haught, ext. 7533, barbarahaught309@gmail.com Donate on alternate Thursdays, 10 a.m.-11:30 a.m.	Proceeds to Goodwin Living Foundation
GHBC dishes/glasses	Tray in Market Place lobby	Residents return what they've used	GHBC dining use
GHBC Green boxes	Shelves in Market Place lobby	Residents return their carryout boxes	GHBC carryout use
Glass bottles/jars	Box in Crossroads & Pointe trash rooms on each floor	Residents	Resident volunteers collect & take to off-site glass recycling center
Greeting Cards	Reception Desk	Leave for Victoria Carns, Apt 536	Residents' use in art projects or to send to friends
Hearing Aids, useable	RBC - Lion's Club box on counter	Jane Brungart, ext. 7553	Lion's Club – recycling center for distribution to US & other countries.
Household items: kitchen, dishes, knickknacks, gifts, in clean, useable condition	WhatNot Shop GHBC Residents: Giving - WhatNot Shop	Barbara Haught, ext. 7533, barbarahaught309@gmail.com . Donate on alternate Thursdays, 10 a.m.-11:30 a.m.	Proceeds to Goodwin Living Foundation
Inhalers, expired/used	RBC - Bin in marked cabinet under counter	Ron Karpick, ext. 7399, lungone@msn.com	Resident volunteers take to Safeway pharmacy medication disposal box, Willston Center II, Falls Church

ITEM	WHERE TO DROP OFF	RESPONSIBILITY OF	DESTINATION
Ink Cartridges, new & used	RBC – Bin in marked cabinet under counter	Jake Fernandez, ext. 7103	Recycle/disposal
Jigsaw Puzzles	Puzzle Closet, inside Game/Card Room	Elizabeth Whitehouse, ext 7221	For residents' use; tables in Atrium
Knitting needles, crocheting hooks/patterns	Art Center GHBC Residents: Giving - Community Service Projects	Mary Lee Payton, ext. 7674	Knit for Kids project for World Vision (unusable items sold to UpCycle Creative Reuse Center, Alexandria)
Light Bulbs, CFL & others, used	RBC - Bin in marked cabinet under counter	Jose Jordan, ext. 7244	Disposal off-site
Lost & Found	Reception Desk	Residents who lose/find items	Owners reunited with property!
Magazines	2 nd & 3 rd Floors	Michelle Weinstein, mweinstein@goodwinliving.org	GHBC 2 nd & 3 rd floor residents
Medications, unwanted/unneeded	RBC – Instruction notebook next to Volunteer Logs (Residents dispose of these meds on their own.)	Questions - Ron Karpick, ext. 7399, lungone@msn.com (Eleanor Lewis, ext. 7491 for paper copy)	Disposal instructions: Disposing of Medications - Extended DocumentSB 9-13-23.pdf (ghbcreidents.org)
MONEY DONATIONS			
Employee Gift Fund	Donation box in Mailroom; residents donate annually, monthly, randomly GHBC Residents: Giving - The Employee Gift Fund	EGF Chairs change yearly. Catie Ramos, staff contact, ext. 7209	Gift checks to GHBC staff below director/administrator level
----- Goodwin Living Foundation -----	----- Kiosk outside Mailroom; GLF office in Pointe corridor GHBC Residents: Giving - Goodwin House Foundation -----	----- James Woodward, 703-824-1373, jwoodward@goodwinliving.org -----	----- Financial support for current & future residents in need, staff, & to fund programs for seniors -----

ITEM	WHERE TO DROP OFF	RESPONSIBILITY OF	DESTINATION
Make A Difference Day	Rotunda before Thanksgiving	GHBC Residents: Giving - Community Service Projects	Dining Services buys food for Thanksgiving dinner at Bailey's Crossroads Shelter, prepared by shelter staff & volunteers
----- Angel Tree	----- Atrium before Christmas	----- GHBC Residents: Giving - Community Service Projects	----- Funds/gift cards for Patrick Henry Family Shelter so parents can buy holiday gifts for their children.
Notepads	Reception Desk	Residents	Receptionists
Packing materials	RBC – Bin in marked cabinet under counter	Residents drop off or pick up	Available for residents to use
Personal accessories scarves, purses, and jewelry, in clean, useable condition	WhatNot Shop GHBC Residents: Giving - WhatNot Shop	Barbara Haught, ext. 7533, barbarahaught309@gmail.com . Donate on alternating Thursdays, 10 a.m.-11:30 a.m.	Proceeds go to Goodwin Living Foundation
<u>POSTERS/NOTICES</u>			
GHBC events	Poster holders in all elevator lobbies, both buildings	Event planner, committee/group member	24 hours before an event or not more than 48 hours. Remove after event ends
----- Non-Activities Information	----- Bulletin Board in RBC	----- Residents announcing non-activities information	----- Remove when information is irrelevant
----- Resident to Resident Messages	----- Bulletin Board in Mailroom	----- Announcements of interest to other residents	----- Remove when information is irrelevant
----- Off Campus Events	----- Bulletin Board in Mailroom	----- Residents announcing events away from GHBC	----- Remove when event is over
----- Talent Search	----- Bulletin Board in Mailroom	----- Resident requesting help with a particular task, skill, instruction, assistance	----- Remove as needed

ITEM	WHERE TO DROP OFF	RESPONSIBILITY OF	DESTINATION
Pull tops	RBC – Marked can on counter GHBC Residents: Giving - Community Service Projects	Jamie Gallagher, ext. 7678 Vy Tran, ext. 7185	Ronald McDonald House takes them to metal recycling facility for cash
Recyclables (read signs for what can be recycled)	Blue bins in Crossroads & Pointe trash rooms on each floor; Market Place lobby	Residents & staff	Single-stream recyclable paper, plastic, metal
SUGGESTIONS			
Art Center-related matters	Suggestion box at Art Center entrance	Sarah Henninger, ext 7218	Art Center & Arts Committee
----- Dining Services – digital	GHBC Residents: Dining Services, Comments	Dining Services Management Team & Committee	DS Committee & team use to improve specific menu items, venues, or service
----- Movies – paper	RBC – Suggestion box on counter	Alyce Basshoff, ext. 3115	Movie Committee considers for showing at GHBC
----- Resident Council - digital	GHBC Residents: Council & Committees, SuggestionBox	Sally Michel, smichel13@verizon.net	Resident Council reviews suggestions for implementation or forwards appropriately
----- Resident Council – paper	Suggestion box in Mailroom		
----- Trips & Outings - paper	RBC – suggestion box on counter	Sharon Tessman, ext. 7569, sbtessman@icloud.com	Trips & Outings Committee considers for GHBC trip
Suitcases, duffle bags	GHBC Residents: Giving - Community Service Projects	Otto Reinbacher, ext. 3111, Oarroch@aol.com , for pickup.	Michilu project in Eswatini; Maternity Clinic in Kenya; Bailey's Shelter & Supportive Housing; Lamb Center in Fairfax County

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Sunglasses	RBC - Lion's Club donation box on counter GHBC Residents: Giving - Community Service Projects	Jane Brungart, ext. 7553	Lion's Club - recycling center for distribution to US & other countries.
Trash	Crossroads & Pointe trash rooms on each floor; Market Place lobby; throughout both buildings & the grounds	Residents & staff	Collected by off-site company
Volunteer Log, paper Volunteer log, digital	RBC – Wire tray on counter Goodwin House Bailey's Crossroads Community Engagement & Contribution Submission Form (office.com)	Steffan Barahona, ext. 7671 sbarahona@goodwinliving.org	Help qualify Goodwin Living as a non-profit organization
Yarn, acrylic Yarn, wool	Art Center GHBC Residents: Giving - Community Service Projects	Mary Lee Payton, ext. 7674	Knit For Kids project – donated to World Vision Sent to UpCycle Creative Reuse Center, Alexandria