October 4, 2023



Dear GHBC Residents,

The Infection Precaution and Planning (IPP) Team met in September to review the latest guidance from the CDC and local health departments and to update our policies and protocols. As a result of this meeting, the IPP team decided to adjust several protocols.

Quarantine Following Exposure to COVID-19

The IPP team has reduced the quarantine period for a household exposure. If you are exposed to COVID-19 from someone within your household, you must now quarantine for **five days**. Test with a rapid test on Day 5. If the test is negative, you may discontinue your quarantine. Wear a mask outside your apartment through Day 10.

The protocol for exposures from those outside of your household remains the same: there is no quarantine period required, though you must wear a mask outside your apartment for 10 days following the exposure and test with a rapid test on days 1, 3 and 5.

During and After Travel

The IPP team encourages those returning from international travel to wear a mask for five days upon their return and take a rapid test if you develop any symptoms. You are no longer required to test on Day 5.

Should we see an increase in cases on our campus or transmission rates increase in our region, we will adjust our protocols. Thank you for all that you do to support the health and safety of everyone on our campus.

Best Regards,

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