



Protocol Guide for Goodwin House Residents

Thanksgiving Holiday
Updated November 20, 2020



Please note that these protocols are subject to change.

We will update residents and those on the Friends and Family email list if this happens.

We strongly encourage residents to remain on campus over the Thanksgiving holiday. For those residents remaining on campus, very special dining plans are being finalized by our Dining Services teams. More information about these dining options will be communicated soon.

Thank you.

Campus Visits

We will open for normal visits with loved ones on our campuses per our usual protocols. Visit availability remains dependent on whether an area or level of living is currently under quarantine. We would like to remind everyone that a negative COVID-19 test is required for visitors.

Please visit www.goodwinhouse.org/campus-visits to schedule your visit.

Protocols for Residents in Independent (Residential) Living

These protocols apply to visits off campus from Thursday, November 26 to Sunday, November 29.

If the resident spends time at a gathering off campus, regardless of the amount of time spent away from campus, they will be required to quarantine for 14 days upon their return. They will be tested on day 15 and remain in quarantine until the test results are received.

We highly encourage that residents' loved ones have a negative COVID-19 test within 10 days of the visit if the resident is visiting them off campus.

Protocols for Residents in Health Care, Assisted Living & Memory Support

Residents in these areas are strongly discouraged from leaving the community to dine with loved ones.

- ◆ If the resident spends time at a gathering off campus, regardless of the amount of time spent away from campus, they will be required to quarantine for 14 days upon their return. They will be tested on day 15 and remain in quarantine until the test results are received. This protocol applies to visits off campus from Thursday, November 26 to Sunday, November 29.
- ◆ Spouses and family members who reside in the community may eat on these levels of living if they dine in the resident's room and if those areas are not under quarantine.
 - ◇ Limit 2 visitors per room.
- ◆ All other protocols for these areas will remain in effect.

Additional Guidance for Residents Who Leave Campus

As cases surge, we ask that residents planning to go off campus for Thanksgiving consider remaining on campus. If you do leave campus, please do not attend more than one gathering.

Guidance for any gathering you attend:

- ◆ Please only attend gatherings with no more than 5 attendees – ensure those individuals have not had a confirmed exposure to a positive case or have traveled recently. If your gathering is in a smaller home, then consider minimizing the number of attendees further.
- ◆ Avoid an all-day gathering.
- ◆ Ensure that everyone at the gathering is wearing a mask. If possible, obtain and wear surgical masks, which are more protective than cloth masks.
- ◆ Wear masks at all times other than when eating.
- ◆ Use of hand sanitizers for every person entering the gathering, and before and after eating.
- ◆ Avoid physical contact with others at the gathering.
- ◆ Have disinfectant spray and paper towels in bathrooms – wipe down handles before and after use.

Meal time:

- ◆ One person to serve the food for everyone or a plated meal.
- ◆ Place seats apart – do not over-crowd the table. If necessary be seated at several tables.
- ◆ Leave doors and windows open if the weather permits to allow for better airflow.