

GHBC Safe Path Forward Protocols | *February 25, 2021*

Together, we have endured the pandemic. We remain deeply grateful to residents for all that you have done to support one another and the entire organization as we worked our way through it. With herd immunity at GHBC achieved, we are incredibly delighted to begin our plans to travel down our Safe Path Forward!

As we venture together along our Safe Path Forward, our return to the full range of services and amenities we all enjoy will be intentional and gradual. The safety and well-being of our residents and staff remains our top priority. We will continue to track any new cases among residents or staff. We also will monitor any new variants and the extent to which the vaccines are effective in protecting us from them.

Please refer to the charts provided for details of our Safe Path Forward. We ask that everyone continue to practice standard infection precaution measures such as wearing masks, keeping a social distance and ensuring good hand hygiene.

Questions? Contact Executive Director Justin Carwile at 703.578.7100 or jcarwile@goodwinhouse.org

KEY: These abbreviations indicate Levels of Living:

RL = Resident Living (also called "Independent Living")

AL = Assisted Living (includes Memory Support / The Terrace)

HCC = Health Care Center

Situations & Scenarios	Date Effective	Guidance
Phase 1		
Visitation		
1. HCC/AL: Spouses living at Goodwin House may resume in-room visitation.	2/4/2021	Residents who visit the HCC will be tested every other week.
2. No visitation from outside family/friends for all levels of living.		
Communal Dining		
1. HCC/AL: Communal dining may resume	2/4/2021	May resume with limited capacity and social distancing.
2. RL: May not resume at this time.		
Activities		
1. HCC/AL: Activities may resume.	2/4/2021	Groups of less than 10 residents socially distanced. No singing.
2. RL: Limited programs may continue.	2/4/2021	Groups of less than 10 residents socially distanced. No singing.
Beauty Salon		
1. All levels of living may resume.	2/4/2021	May resume with limited capacity, social distancing and mask wearing.
Quarantine		
1. HCC/AL: No quarantine post medical and dental appointments.	2/4/2021	Family member must have a negative COVID test (PCR) within 7 days if they are accompanying or driving the resident.

Situations & Scenarios	Date Effective	Guidance
Phase 2		
Visitation		
1. HCC/AL : Indoor visitation may resume in designated indoor spaces with scheduled visits.	3/8/2021	Guests must have a negative COVID test within 7 days of the visit.
2. RL : Indoor visitation may resume in resident apartments with scheduled visits.	3/8/2021	Guests must have a negative COVID test within 10 days of the visit. Guests must wear surgical or N95 mask during the visit.
Communal Dining		
1. Residential Living	3/18/2021	80% of Dining Services staff must be vaccinated
Activities		
1. RL : Local bus trips may resume.	3/8/2021	Groups of no more than 5 residents per trip. Driver must be fully vaccinated.
Non-GH Providers		
1. Medical Providers	3/8/2021	May return two weeks after full vaccination. Must be tested within 10 days of the visit.
2. CPE Students that do not have in-person ministry outside of GH	3/8/2021	May return two weeks after full vaccination. Must be tested per current protocol. Must be cohorted by level of living.
Apartment Closing		
1. AL : Family member may come to GH to pack resident belongings.	3/8/2021	Family member must have a negative COVID test (PCR) within 7 days. Resident may not be present in the apartment. Limited to one day only.
1. RL : Family member may come to GH to pack resident belongings.	3/8/2021	Family member must have a negative COVID test (PCR) within 10 days. Resident may not be present in the apartment. Limited to three days.

Quarantine		
1. RL: No quarantine post medical and dental appointments.	3/1/2021	Resident must wear a surgical or N95 mask during the appointment.
2. RL/AL: New resident move-in	3/8/2021	If new resident is not vaccinated, follow current protocol. If resident is fully vaccinated (two weeks after second dose), they will require a negative COVID test (PCR) within 7 days of move-in. They will then have a 5 day quarantine and test on Day 6. Quarantine will end with negative result. *New AL residents may have one individual accompany them on move-in day for up to four hours. The individual must have a negative COVID test (PCR) within 7 days. The visit is confined to the resident's apartment.
Other		
1. HCC: Residents visiting other levels of living.	TBD	We are awaiting updated guidance from CMS.
2. AL: Residents may visit common community spaces.	3/8/2021	Residents must be fully vaccinated, wear masks and practice social distancing.
3. Internal resident volunteers may resume activities on HCC and AL for small group activities.	3/8/2021	Resident volunteer must be fully vaccinated and routine testing will be required. Resident volunteer can only participate in small group activities. No visitation in the resident room.
4. Resident committee meetings may resume with limited capacity (no greater than 10 participants).	3/1/2021	Residents must be fully vaccinated, wear masks and practice social distancing. Residents should not share microphones.
5. Goodwin House Home Health and Hospice staff that work in the broader community may see residents at GHA and GHBC.	3/22/2021	Employee must be fully vaccinated , wear N95 mask and face shield. They must undergo routine testing every 2 weeks or more often if protocol dictates.
6. Goodwin House employees may travel between GHA and GHBC.	3/22/2021	Employee must be fully vaccinated , wear N95 mask and face shield. They must undergo routine testing every 2 weeks or more often if protocol dictates.

GHBC Resident Guidelines: Quarantines & Testing | March 2021

Situations & Scenarios

Monitor Temp Quarantine Period Testing Requirement

Travel & Off-Campus Trips (Effective March 1)			
Travel by Car (Domestic)	Yes	None	None unless symptomatic
Travel by Any Other Mode (Domestic)	Yes	5 days	None unless symptomatic
Travel International (or Cruises)	Yes	7 days	1 test on Day 8; discontinue quarantine with negative result
Overnight visits off campus	Yes	None	None unless symptomatic
Off campus, essential non-medical visits (e.g. grocery, veterinarian, pharmacy, DMV, etc.) No dine-in restaurants or outside gyms.	Yes	None	None unless symptomatic
Curbside Pickup with no face-to-face contact for groceries and medications	Yes	None	None unless symptomatic
Off-Site Family & Friends Visits	Yes	None	None unless symptomatic
Dine-in at restaurants	Yes	5 days	None unless symptomatic
Medical Situations (Effective March 8)			
Direct Exposure	Yes	14 days	1 test on Day 15; discontinue quarantine with negative result. If test is positive, may discontinue quarantine on Day 22 if asymptomatic with no further testing.
Any resident who tests positive	Yes	14 days	1 test on Day 15; discontinue quarantine with negative result. If test is positive, may discontinue quarantine on Day 22 if asymptomatic with no further testing.
Hospitalization (Overnight) ALL residents	Yes	10 days	Must have a PCR COVID-19 test within 24 hours of discharge. 1 test on Day 11; discontinue quarantine with negative result. If test is positive, quarantine for an additional 14 days and test on Day 15. If test is still positive, may be released on Day 22 if asymptomatic.
Medical/Dental Appointments with any mode of transportation	Yes	None	None unless symptomatic

All residents who leave campus for any reason should monitor their temperatures and report it to the Clinic if greater than 99 degrees

Note: We have specific protocols for new residents who are moving into either Goodwin House community.