

Resident Guidelines: Quarantines & Testing | January 8, 2021

Situations & Scenarios

Monitor Temp Quarantine Period Testing Requirement

Travel & Off-Campus Trips			
Travel by Car (Domestic)	Yes	5 days	1 test on Day 6; discontinue quarantine with negative result
Travel by Any Other Mode (Domestic)	Yes	14 days	1 test on Day 15; discontinue quarantine with negative result
Travel International (or Cruises)	Yes	14 days	1 test on Day 15; discontinue quarantine with negative result
Overnight visits off campus	Yes	14 days	1 test on Day 15; discontinue quarantine with negative result
Off campus, essential non-medical visits (e.g. grocery, veterinary, pharmacy, DMV, etc.) Does NOT include visits to restaurants.	Yes	7 days	None unless symptomatic
Curbside Pickup with no face-to-face contact for groceries and medications	Yes	None	None unless symptomatic
Off-Site Family & Friends Visits if they have negative COVID test	Yes	5 days	None unless symptomatic
Medical Situations			
Hospitalization (Overnight) ALL residents	Yes	14 days	Must have a PCR COVID-19 test within 24 hours of discharge; 1 test on Day 15; discontinue quarantine with negative result
Dental Appointments with transportation from Goodwin House or family or friend who has a negative COVID test	Yes	5 days	None unless symptomatic
Medical Appointments with transportation from Goodwin House or family or friend who has a negative COVID test	Yes	5 days	None unless symptomatic
Medical Appointments with transportation from Uber, cab or a family or friend who does not have a negative COVID test	Yes	7 days	None unless symptomatic
Recurring Medical Appointments (e.g. chemotherapy, radiation, dialysis, blood transfusions, etc.) that occur at least weekly and are related to a specific condition. Must be approved by Karen Doyle (GHBC) or Cathy Farmer (GHA)	Yes	None	Ongoing routine testing

All residents who leave campus for any reason should monitor their temperatures and report it to the Clinic if greater than 99 degrees

Note: We have specific protocols for new residents who are moving into either Goodwin House community.