

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>All visits will be done in the room with one TR staff member and one resident</li> <li>Virtual calls will occur daily</li> <li>When groups are allowed to continue, TR staff will distribute a new calendar with group activities listed</li> </ul>		<b>10:00 – Daily Chronicle 1</b> <b>11:00 – Hydration Station</b> <b>1:30 – Hand Massages at the Bedside</b> <b>3:30 – Chinese New Year Social on Wheels</b> <small>Chinese New Year (Year of the Tiger)</small>	<b>10:00 – Daily Newsletter 2</b> <b>11:00 – Music Visits</b> <b>1:30 – Decorating the HCC with Love</b> <b>3:30 – 1:1 Travelogue</b> <small>Groundhog Day</small>	<b>10:00 – Daily Chronicle 3</b> <b>11:00 – Power Hour</b> <b>1:30 – Trip Around the World – Travel Experience</b> <b>3:30 – Painting Hearts</b>	<b>10:00 – Daily Newsletter 4</b> <b>11:00 – Seated Stretches</b> <b>1:30 – Hot Cocoa Cart</b> <b>3:30 – Happy Hour on Wheels</b>	<b>10:00 – Daily Chronicle 5</b> <b>11:00 – Let’s Get Physical</b> <b>1:30 – Painting Hearts</b> <b>3:30 – Creativity Cart</b>
<b>6</b> <i>Activity boxes located in the living room of each community</i>	<b>10:00 – Daily Chronicle 7</b> <b>11:00 – Hydration Station</b> <b>1:30 – Painting Hearts</b> <b>3:30 – Happy Hour on Wheels</b>	<b>10:00 – Daily Newsletter 8</b> <b>11:00 – Let’s Get Fit</b> <b>1:30 – Blast from the Past History Lessons</b> <b>3:30 – Ladder Golf</b>	<b>10:00 – Daily Chronicle 9</b> <b>11:00 – Hydration Time</b> <b>1:30 – Let Me Hold your Hand</b> <b>3:30 – Love Stories on Wheels</b>	<b>10:00 – Daily Newsletter 10</b> <b>11:00 – Build Those Muscles</b> <b>1:30 – Thirst Quencher Cart</b> <b>3:30 – Creativity Cart</b>	<b>10:00 – Daily Chronicle 11</b> <b>11:00 – Friday Fitness</b> <b>1:30 – Love is in the Air (Baking Cookies)</b> <b>3:30 – Happy Hour on Wheels</b>	<b>10:00 – Daily Chronicle 12</b> <b>11:00 – Power Hour in our Rooms</b> <b>1:30 – Hydration Hour</b> <b>3:30 – Happy Hour on Wheels</b>
<b>13</b> <i>Activity boxes located in the living room of each community</i>	<b>10:00 – Daily Chronicle 14</b> <b>11:00 – Valentine’s Day 1:1 Fitness</b> <b>11:00 – Red Velvet Hot Cocoa</b> <b>3:30 – Sharing the Love - Chocolate Covered Strawberries</b> <small>Valentine’s Day</small>	<b>10:00 – Current Events 15</b> <b>11:00 – Strength &amp; Stretching</b> <b>1:30 – Hydration Station</b> <b>3:30 – 1:1 Travelogue</b>	<b>10:00 – Daily Chronicle 16</b> <b>11:00 – Books on Wheels</b> <b>1:30 – Building our Language Arts Skills</b> <b>3:30 – Chicken Soup for the Soul</b>	<b>10:00 – Daily Newsletter 17</b> <b>11:00 – Let’s Get Physical</b> <b>1:30 – Hydration Time</b> <b>3:30 – Hand Massages at the Bedside</b>	<b>10:00 – Daily Chronicle 18</b> <b>11:00 – Friday Fitness</b> <b>1:30 – Paint &amp; Color Hour</b> <b>3:30 – Birthday Party on Wheels</b>	<b>10:00 – Daily Chronicle 19</b> <b>11:00 – Work It Out</b> <b>1:30 – Beverage Cart</b> <b>3:30 – A Sweet Treat</b>
<b>20</b> <i>Activity boxes located in the living room of each community</i>	<b>10:00 – Current Events 21</b> <b>11:00 – Hydration Station</b> <b>1:30 – Painting Hearts</b> <b>3:30 – Presidents’ Day Activity Packet</b> <small>Presidents’ Day</small>	<b>10:00 – Daily Chronicle 22</b> <b>11:00 – Exercise Visits</b> <b>11:00 – Brain Teasers with Math Equations</b> <b>3:30 – Happy Hour on Wheels</b>	<b>10:00 – Current Events 23</b> <b>11:00 – Hydration Time</b> <b>1:30 – Creativity Cart</b> <b>3:30 – Puppy Visits from Otis</b>	<b>10:00 – Daily Chronicle 24</b> <b>11:00 – Let’s Get Fit Visits</b> <b>1:30 – Thirst Quencher Cart</b> <b>3:30 – A Sweet Treat</b>	<b>10:00 – Daily Newsletter 25</b> <b>11:00 – Strength &amp; Stretches</b> <b>1:30 – Beverage Cart</b> <b>3:30 – Happy Hour on Wheels</b>	<b>10:00 – Daily Chronicle 26</b> <b>11:00 – Sit and Get Fit</b> <b>1:30 – Let’s Get Hydrated</b> <b>3:30 – Hand Massages at the Bedside</b>
<b>27</b> <i>Activity boxes located in the living room of each community</i>	<b>10:00 – Daily Newsletter 28</b> <b>11:00 – Exercise Visits</b> <b>1:30 – Thirst Quencher Cart</b> <b>3:30 – Books on Wheels</b>	<h1>February 2022</h1> <p>The Healthcare Center</p>				