

Always Available Menu

Entrées come with choice of two sides

Caesar Salad

Romaine, Parmesan, house-made croutons (add chicken or salmon)

Salad Only: Calories: 122 Fat: 9 grams Carbohydrates: 6 grams Protein: 4 grams Sodium: 402 mg

Seared Chicken Breast with Thyme

Marinated and roasted, brushed with olive oil and herbs

Calories: 200 Fat: 11 grams Carbohydrates: 0 grams Protein: 25 grams Sodium: 440 mg

Salmon Filet (Grilled or Pan Seared)

Filet brushed with herb oil

Calories: 171 Fat: 8 grams Carbohydrates: 0 grams Protein: 22 grams Sodium: 160 mg

Mushroom Strudel

Portabella & shitake mushrooms, cheese, and hint of brandy in puff pastry

Calories: 321 Fat: 19 grams Carbohydrates: 26 grams Protein: 14 grams Sodium: 332 mg

Create your own Omelet

Low Cholesterol Eggs Available/No Added Salt

Available for Dinner Only

Entrée: Catch of the Day

Dessert: Dutch Apple Pie

Sides

Sautéed Spinach  

Broccoli  

Mashed Potatoes 

Peas & Carrots  

Jasmine Rice  

Please allow additional time for these items, as they are prepared from scratch. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.