



GOODWIN HOUSE

March 9, 2020

Dear Goodwin House Residents –

In consideration of the COVID-19 confirmed cases in our region along with the updated guidance from the Centers for Disease Control (CDC), Goodwin House is expanding and escalating our infection precaution measure to ensure your health and wellness and the health and wellness of our staff that serve you.

Effective today, we are:

- **Requiring 100% screening of all guests to our campuses.** You will see additional signage and pathways developed for guests to proceed directly to the reception desks. As we communicated in the Update to Residents on Friday, all guests (as well as residents, staff and contractors) will be screened for recent travel, respiratory and flu symptoms and exposure to COVID-19 cases. To help us keep you healthy, we ask that you share these screening procedures with your family and loved ones that are planning to visit you. If a guest visit is not essential, we ask that you consider connecting by phone or video conference on your tablet or iPhone.
- **Adopting the CDC's updated guidance to avoid non-essential travel.** Effective today, if a resident travels outside of the United States (including cruises) or to an area in the United States that is experiencing widespread, ongoing community transmission, they will be required to monitor their temperature twice daily. The resident will be required to isolate in their apartment or room. We have affirmed this decision with our medical director, Dr. Mariatu Koroma-Nelson, who concurs with this action.
- **Adopting updated guidance from The U.S Department of State that U.S. citizens, particularly travelers with health conditions, should not travel by cruise ship.** Residents that have returned from travel on a cruise ship will be asked to remain in their apartment for 14 days, take their temperature twice a day and report results to the clinic or nursing supervisor as previously directed.
- **Asking residents and staff to engage in social distancing.** This includes avoiding all non-essential contact, handshaking, etc. We also will be moving chairs further apart for group activities in the auditoriums, streaming events as we are able and taking additional steps for services and gatherings in our chapels.

- **Suspending third-party activities that take place on our campuses, such as the Rotary at GHBC.** This restriction will remain in place until the health concerns around COVID-19 have been addressed. We look forward to resuming these activities as soon as we are able.
- **Removing salt and pepper shakers and condiment bottles from the dining venues.** Staff will provide small packets of salt and pepper and condiments upon request.

I also am asking this question of every resident –

If you have traveled in any area, globally or domestically, with widespread, ongoing community spread of coronavirus or if you have been exposed to someone that has been confirmed COVID-19 positive, such as the Rector of Christ Church Georgetown in Washington, DC, please notify the clinic immediately.

We also ask that residents continue to engage in healthy hand and cough hygiene practices, which we have communicated previously. Additional hygiene practices include:

- Wiping down fitness equipment before and after usage with the sanitation wipes in the fitness centers and group exercise studios.
- Wiping down common art supplies before and after usage with the sanitation wipes in the art studios.

As a reminder, **if you are not feeling well:**

- Please stay in your apartment and call the clinic.
- One of our nursing staff will contact you to discuss your symptoms.

Should you have any questions, please contact the following health care leaders:

- GHA: Cathy Farmer at 703.824.1157
- GHBC: Karen Doyle at 703.578.7260

Thank you for joining us in the efforts to help Goodwin House residents, guests and employees remain healthy.

Linda L. Lateana
Chief Operating Officer