

Infection Precaution Update

November 6, 2020



Update on Goodwin House COVID-19 Cases as of Friday, November 6:

GHA	GHBC
Residents: 0 cases	Residents: 0 cases
Staff: 1 case, 0 pending test results to return to work	Staff: 5 cases, 0 pending test results to return to work

Are Your Glasses Fogging When You Wear Your Mask?

We all know how important it is to wear our masks. The way the mask fits on us is important too. If you're noticing that your glasses fog up while you're wearing your masks, or that your mask is frequently slipping off your nose, consider these tips. Find a mask with a metal wire sewn in that goes over the bridge of your nose, and pinch it until it fits your nose shape. You may need to find a mask with adjustable ear loops. Adjust the ear loops so that the mask doesn't gap at the sides or top.

Find COVID-19 Testing Locations Online

Do you have loved ones in Virginia who want to get tested for COVID-19? We are sharing this resource from the Virginia Department of Health (VDH). You can search for testing locations throughout the state of Virginia by visiting the VDH website. The site also identifies upcoming testing events across the state.

<https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites/>

Survey for Independent (Residential) Living Residents

As we continue to implement our Safe Path Forward plan, we want to hear from you on your experience thus far and your recommendations regarding our efforts to carry on with campus life through winter and into spring. Click the link below to access the 12-question survey, or you can pick up a paper copy at the Reception Desk. Submit your survey or leave your printed copy at the Reception Desk by Friday, November 13.

GHA: <https://www.surveymonkey.com/r/5BZBHBG>

GHBC: <https://www.surveymonkey.com/r/56XLR5W>

Resident Protocols for the Thanksgiving Holiday are coming today! Check your inboxes and mailbox.



Acts of Service—Ceca Award Honorees

This week, we'd like to recognize Aziza Keyredin, Environmental Services team member at GHA and this quarter's Ceca Honoree. Colleagues and residents nominated Aziza for the award because of her "sweet and attentive" attitude as she goes about her work. She is always ready to help, and there when she's needed most. As her nominators said, "we're lucky to have her!" We join GHA in extending our congratulations and gratitude to Aziza for her well-deserved award!

Staff Who Go Above & Beyond

Jackie Barbarito and Peri Weinfeldt went above and beyond for residents of GHA Richmond Assisted Living. This area was recently on quarantine, which meant that residents living in that area couldn't go to their usual haircut appointments. Jackie and Peri stepped up to offer their amateur hairstyling skills. "I had a hair-raising experience," joked resident Linda Ferneyhough (pictured). Resident Andrew Hare said, "It was a very pleasant engagement. She (Peri) was so gentle during the haircut. I really enjoyed it. As a matter of fact, I am looking for an excuse to go back!"



Jackie (left) and Peri (right) take turns styling Ms. Ferneyhough's hair.

Thank you Jackie and Peri for going the extra mile to care for residents!

The Maritime History & Archaeology of Ancient Egypt

With their reliance on the Nile, oases and seas, it should come as no surprise that the ancient inhabitants of Egypt incorporated the life-sustaining waters in their material and spiritual worlds. Join Dr. Pearce Paul Creasman, Archaeologist and Director of the American Center of Oriental Research, as he discusses the maritime history and archaeology of Ancient Egypt. His free Virtual Talk will be held on Sunday, November 15 from 2:30 p.m. – 3:30 p.m. Registration is required. Register at <https://www.vmfamuseum/programs/adults/talks-lectures>.

*We are committed to keeping you, residents and staff healthy.
Please join us in our efforts to keep our community infection-free.*



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A Spook-tacular Halloween on Our Campuses!

Last week, we celebrated Halloween at GHA and GHBC. Residents and staff participated in pumpkin carving contests and other activities, and we spotted many fun costumes. Enjoy these pictures from our Spook-tacular Halloween celebrations!



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