

Infection Precaution Update

February 5, 2021



Update on Goodwin House COVID-19 Cases as of Friday, February 5:

GHA	GHBC
Residents: 0 cases	Residents: 2 cases
Staff: 1 case, 0 pending test results to return to work	Staff: 2 cases, 0 pending test results to return to work

Update on Quarantines for Medical Appointments

Effective March 1, Independent (Residential) Living (IL) residents will no longer be required to quarantine after medical or dental appointments as long as:

- you drive yourself to the appointment or use Goodwin House transportation
- you are taken to the appointment by a resident who has been vaccinated
- you are taken to the appointment by a family member who has received a negative COVID test within the last 10 days

Effective today, the same applies to Health Care Center (HCC), Assisted Living (AL) and Memory Support (MS) residents.

These protocol changes can go into effect two weeks after residents have completed both doses of the vaccine. HCC, AL and MS residents have already received both doses. Many IL residents will receive their second dose later this month.

We are working on a full review of our protocols—including family visits and re-opening in person dining—and will update you with more information soon.

Introducing Our Resident Technology Specialist

We are excited to announce that you may now begin to schedule appointments with Ruben Nouta, our new Resident Technology Specialist. Initially, Ruben will be based in person at GHBC and available to assist GHA residents only by phone. We are working on the arrangements that will allow him to travel between GHA and GHBC so that he will be able to assist residents in person on both campuses. See the flyer that was shared with you this week for more information and a full list of services. Congratulations to Ruben on his new role at Goodwin House!



Goodwin House Foundation Giving Day – February 14

Residents come together in big and small ways to make GHA and GHBC such wonderful places to live and thrive, both for residents and for staff. One way residents make a difference is by giving to the Goodwin House Foundation. To raise greater awareness of the impact we make on the lives of residents and staff, the Goodwin House Foundation is holding our first annual Giving Day on February 14. Our theme is “Give | Share | Join – Show Your Love!” and you should expect to receive a letter inviting you to join us for special activities on Feb. 13 at GHA and Feb. 14 at GHBC. We hope you will join our community of generosity through these efforts.



Join Our GHA vs. GHBC Winter Fitness Challenge!

There's nothing like a little healthy competition to motivate you into making healthy choices. Commit to your health by joining our Winter Fitness Challenge! From Monday, Feb. 15 through Sunday, Mar. 14, you'll earn points through engaging in physical activity and committing to a new nutrition habit. Residents from GHA will compete against residents from GHBC to see which house can get the most points! **To join the Challenge, sign-up in the Fitness Center by Thursday, Feb. 11.**



GHA and GHBC Assisted Living Resumes Communal Dining

We're delighted to share that we've been able to resume communal dining at both GHA and GHBC in our Assisted Living neighborhoods. Our hearts warmed from seeing photos from their meals together.

We continue to monitor local positivity rates and directives from the CDC and state and local health departments as we explore our options for re-opening communal dining across the rest of GHA and GHBC. We will update you when we are able to resume this service. In the meantime, enjoy these photos from GHA and GHBC Assisted Living!



GHA AL residents (left) and GHBC AL residents (right) enjoy dining with each other again.