

Infection Precaution Update

April 2, 2021



Update on Goodwin House COVID-19 Cases as of Friday, April 2:

GHA	GHBC
Residents: 0 cases	Residents: 0 cases
Staff: 0 cases, 0 pending test results to return to work	Staff: 0 cases, 0 pending test results to return to work

Safe Path Forward | Updated Guidelines

Our new Safe Path Forward Guidelines and Protocols went into effect at the beginning of March. These guidelines included resuming visits from loved ones, communal dining and on-campus appointments with non-Goodwin House medical providers. They also revised the quarantine requirements for trips off campus.

We are now able to provide further updates for some of these areas. Today, we have distributed the updated edition of the Guidelines with the latest information on quarantines, visits, dining and more.

How to Wear Your Mask

Proper mask wearing continues to be an important factor in keeping everyone on our campuses and in our community safe. Please make sure your mask covers your nose and mouth completely when you are wearing it.



- **Masks** must be worn at all times when outside your apartment.
- **Masks** must cover your nose and mouth.
- **Masks** must be worn when you are not actively eating or drinking.

Have You Heard of The Good Life?

We don't mean sandy beaches or peaceful mountains (although that does sound good!). But with The Good Life—the Goodwin House blog—we do try to offer the next best thing. On The Good Life, we share articles offering tips for staying active and healthy as you age, the latest news from Goodwin House and insights into what it's like to live and work in our communities.

Residents from all over Goodwin House contribute to our blog, either by writing articles—lately through the Diversity, Equality and Inclusion Committee's *Friday Thoughts*—or by sharing their insights, experiences and expertise in collaboration with the Communications team. Our profound gratitude and appreciation goes to all residents who have contributed to The Good Life over the years.

Interested in checking out some of the articles we share on the Goodwin House blog? Visit www.goodwinhouse.org/blog or sign up for our monthly e-newsletter: <http://eepurl.com/dEcD1X>

In the News

Last week, Goodwin House Medical Directors Dr. Koroma-Nelson and Dr. Gloria and GHBC Director of Nursing and Associate Executive Director Karen Doyle were featured in an article in the Falls Church News Press celebrating high vaccination rates at Goodwin House that have allowed for more relaxed protocols:

<http://bit.ly/fcnp-breathing-easy>

The grandson of Goodwin House at Home members and GHBC residents Dan and Fay Alexander featured on NBC Nightly News with Lester Holt: Kids Edition on March 20, 2021. Sawyer Thompson created a website to help people in the DMV area find vaccine appointments. Watch the video here: <http://bit.ly/sawyer-thompson>



GHBC residents set up a poster to thank staff for all they do. Staff members posed by the poster in the Bistro. Can you see their smiles through their masks?



GHA residents enjoyed a drive to see the cherry blossoms blooming all around D.C.