

Infection Precaution Update

March 19, 2021



Infection Precaution

Update on Goodwin House COVID-19 Cases as of Friday, March 19:

GHA	GHBC
Residents: 0 cases	Residents: 0 cases
Staff: 1 case, 0 pending test results to return to work	Staff: 0 cases, 0 pending test results to return to work

Please Take Our Survey About This Update

At the start of the COVID-19 pandemic, we introduced the weekly “Resident Update” (the document you’re reading right now) to ensure residents had current information on our case situation, protocols and efforts to keep residents safe and engaged. For one year now, we have been distributing this Resident Update to you every Friday. Now that government-required restrictions are easing and Goodwin House is able to safely ease our protocols as we return to aspects of pre-pandemic life, we will no longer have the same needs to share pandemic-specific news with you in a separate weekly update. As we envision the future of communications relating to the pandemic and our infection precaution measures, we are asking you for input. We thank you in advance for taking our brief survey. Printed copies are available at the Reception Desk.

<https://www.surveymonkey.com/r/ghbc-resident-update>

Celebrating Our High Vaccination Rates!

Our heartfelt gratitude goes to all residents and staff who participated in our vaccine clinics. Thanks to your response, at GHA 99.5% of residents and 90% of staff are fully vaccinated (received their second dose at least two weeks ago), and at GHBC 98% of residents and 90% of staff are fully vaccinated. Let’s celebrate these excellent numbers!



Reuniting with Loved Ones

GHA Recreation Coordinator Peri Weinfeldt beautifully captured the touching experience of residents reuniting with their loved ones in an article posted to the Goodwin House blog today. Read her story: <https://www.goodwinhouse.org/blog/a-joyful-return-to-visits/>

FAQs About Visits with Loved Ones

As visits from loved ones resumed earlier this month, we've received many questions about our visitor protocols. We'd like to share answers to some of the more frequently asked questions here.

Is There a Time Limit for Visits to Independent (Residential) Living Residents?

No, there is no time limit for visits to Independent Living (IL) residents. However, we do require visitors to book appointments through our online booking system. Please note that the booking system only allows us to show 45 to 60-minute appointment windows for all levels of living. The time limit only applies to visits with residents in Assisted Living (AL), Memory Support (MS) and Health Care Center (HCC), as those visits require staff support.

All visitors must schedule their visit at www.goodwinhouse.org/campus-visits.

Can a Visitor Stay Overnight?

At this time, guests may not stay overnight with residents.

Where Can Visitors Go on Campus?

After checking in, visitors must go directly to the resident's apartment (IL residents) or to the designated visiting area (AL, MS & HCC residents). We ask that visitors not make trips to dining venues, the on-campus pharmacy or clinic, etc. They must remain in the resident's apartment or designated visiting area for the duration of their visit.

What Times Are Available for Visits?

Please schedule visits in advance, as same-day booking times may not be available.

At both GHA and GHBC, loved ones can schedule visits with IL residents daily from 10:00 a.m. to 7:00 p.m. There are no time limits for these visits, though we ask that visitors leave campus by 8:00 p.m.

Loved ones can schedule visits with AL, MS and HCC residents daily from 10:00 a.m. to 4:00 p.m. These appointments are limited to 45 minutes, as they require staff support.

GHBC Residents Share Stories of Activism

GHBC residents Marietta Turner, Wayne Kelley and Dr. Drue Shropshire Guy were featured in an article in the Alexandria news outlet The Zebra this week. Reporter Kevin Duray spoke with Ms. Turner, Mr. Kelley and Dr. Guy about their experiences during the Civil Rights Movement, and how those experiences inspired them to activism. Read the article: <http://bit.ly/zebra-activism-march-2021>

Congrats to Rehabilitation Staff | LSVT BIG Certifications

Five of our staff on the Rehabilitation team recently received their certification in LSVT BIG, a therapy treatment and program for people with Parkinson's Disease. The LSVT BIG Training and Certification Course teaches physical and occupational therapy professionals an evidence-based, intensive treatment program for people with Parkinson's Disease. The training can also be applied to other neurological conditions. Only certified clinicians are able to offer the LSVT BIG program. Join us in congratulating Anjali Koschmider (PT), Fred Lusk (OT), Lauren Latham (OT), Emily Butler (COTA) and Heather Goodall (LPTA) on receiving their certification!

Celebrating St. Patrick's Day at GHA & GHBC



GHA (above) and GHBC (below) residents and staff embraced the good fortune of St. Patrick's Day with traditional Irish foods, gift bags and clovers galore!

