

Infection Precaution Update

May 22, 2020



Update on Goodwin House COVID-19 Cases as of Friday, May 22

We mourn the loss of the GHBC resident to COVID-19, who passed away on May 16. Our heartfelt thoughts and prayers are with all those at GHBC who have lost a friend.

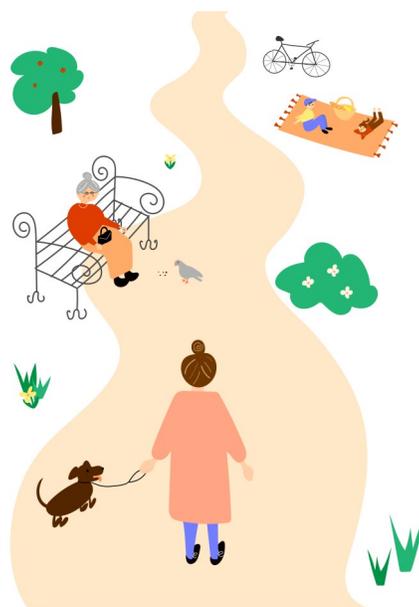
GHA	GHBC
Residents: no resident cases	Residents: 5 existing cases
Staff: 0 existing cases, 2 pending results	Staff: 5 existing cases
Recovered: 4 total staff	Recovered: 3 total staff, 1 total resident

Our Safe Path Forward Update

We know you want to stay safe and yet also are eager for some daily activities to be possible again. The reality is that safely resuming activities is a moving target. With this in mind, we are moving forward to finalize Our Safe Path Forward plan, which includes three phases. For each phase, a set of indicators must be met in order for us to resume certain activities. There are two types of indicators: societal and organizational.

Societal indicators include guidance from the Centers for Disease Control, the Virginia Department of Health and local health departments. Organizational indicators include baseline and ongoing testing for all residents and staff, and the number of days with no new cases in our communities. GHA and GHBC will have slightly different plans based on their individual needs and situations.

This week, we made progress on our baseline testing for all residents and staff at both communities. We also received new state and federal directives for senior living communities. We remain focused on confirming our plan and will update you again next week. We appreciate your continued patience and adherence to our protocols.



Testing Update

Organization-wide testing of all residents and staff—a key element of Our Safe Path Forward plan—is progressing on both campuses.

At GHBC, we've completed testing of Independent Living Residents. Dining Services, Environmental Services and Reception Desk team members are being tested today. Residents and staff of the Health Care Center and Assisted Living will be tested next.

At GHA, we are testing all residents and staff in the Health Care Center and Assisted Living. We are making good progress. All other staff members and then Independent Living residents will be tested after this round of testing is completed.

COVID-19 Symptoms

As can be the case with many illnesses, older adults might not present with the classic symptoms if they've contracted COVID-19. Instead, some possible early symptoms may include feeling "off" or not like yourself, sleeping more than usual, reduced appetite and general fatigue. If you're not feeling like yourself, please don't hesitate to call the Clinic and report your symptoms. It's always best to practice caution.

The common symptoms of COVID-19 are cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat and new loss of taste or smell. Less common symptoms include nausea, vomiting and diarrhea.

"Thanks Hero!" Signs

As part of our ongoing heroes campaign to recognize the wonderful, hardworking staff at Goodwin House, we placed signs up at GHA and GHBC that read "Thanks Hero!" in several of the languages spoken by our Goodwin House staff. Languages featured include French, Amharic, Akan/Twi (spoken in Ghana), Filipino, Swahili and more!



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