

Let's All Stay Safe! Follow These Basic Rules:

Stay On Campus & Wear a Mask

We must all do our part to minimize the risk of exposure to COVID-19. Thank you for your understanding and cooperation in our infection precaution efforts that are designed to protect our Goodwin House community.

Rules for Staying on Campus

1. **Residents must remain on campus.** Unsure of campus boundaries? Please ask the Reception Desk or Executive Director for details.
2. **Visitors, including family members, are not permitted at this time,** even for socially distanced meetups outside.
3. **Residents must not leave campus except for medical emergencies or necessary medical care.** All residents who leave campus for any reason, **along with anyone who lives with them,** will be quarantined upon their return.
 - a. Residents who leave campus for medical emergencies and are admitted to hospital for at least one night, will be quarantined for **14 days** upon return.
 - b. Residents who leave campus for medical appointments, will be quarantined in their apartments for **5 days** upon return.
 - c. Residents who leave campus to visit any local area stores, family etc. will be quarantined in their apartments for **5 days** upon return.
4. Residents who leave campus for any planned reason **must inform the Executive Director in advance.**
5. **Residents must wear face coverings** whenever they are outside of their apartments and whenever someone comes into their apartments.
6. Friends and family may deliver items to residents, but they must drop off items with staff. **They cannot meet residents outside to hand them deliveries directly.** As they arrive on campus, they must call the Reception Desk. A staff member will meet them outside, accept the delivery and then follow our protocols for disinfecting items before they are delivered to residents.

Guidance for Wearing & Cleaning Face Masks

The CDC recommends wearing cloth face coverings in public settings. Residents must wear a face mask whenever they are outside their apartments and whenever someone comes into their apartments.

How to Wear a Face Mask:

Make sure your mask completely covers your nose and mouth and that it is secure against the sides of your face. Wear your mask the entire time you're in public, and try not to touch the mask. If you do touch it, wash your hands immediately. Always wash your hands both before and after removing your mask.



How to Clean a Cloth Face Mask:

Cloth masks may be cleaned using your washing machine and dryer. If you've added a disposable filter to your mask (e.g. coffee filter, paper towel, etc.), be sure to dispose of the filter before washing your mask. Clean your cloth mask after each use.

If you cannot use your washing machine, you may wash your cloth mask in the sink with warm water and soap, and hang or lay flat to dry.

