

# Infection Precaution Update

April 3, 2020

*We are providing residents with weekly updates of our ongoing infection precaution efforts to address public health concerns regarding the coronavirus (COVID-19).*

## Stay On Campus— We Mean It

Thank you to those residents who have taken social distancing to heart. Your efforts have helped to keep our community healthy!

We urge all residents to help us stay free of COVID-19.

**Do not leave campus** unless it's for emergency or essential reasons. Groceries and other supplies can be delivered — there is no need to leave campus to purchase them.

**Residents who leave don't just put their own health at risk, they put everyone else's health at risk.**



## Missing Familiar Faces?

Just as residents who have traveled or otherwise had possible exposure to COVID-19 are required to self-isolate, Goodwin House requires staff to do the same. As a result, you may not see familiar faces on campuses for several days or longer. We are taking these infection precaution efforts for everyone's health. We know you join us in looking forward to welcoming those staff back when they return to work!

## Suspended Services: Pool & Salon

The pools and salons are closed until further notice. We are working to reopen services once COVID-19 public health concerns have been addressed.

*Please continue reading on other side*

*We are committed to keeping you, residents and staff healthy.  
Please join us in our efforts to keep our community infection-free.*



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## Stay Fit & Active

Fitness centers are still open to residents; staff are no longer allowed to use them. Classes are being live-streamed on inside TV channels. Some in-person classes are still being held, with 6-foot distance requirements in place. Check with Leslie LaPlace at GHA or Sherry Compton at GHBC for the latest details of what's available to you.

## Coming Soon: New To-Go Food Containers

Our Dining Services and Supply Chain teams have partnered to acquire reusable to-go containers that are both environmentally friendly and safe for re-use. We expect these containers to arrive by early next week. Residents will be asked to help us in clearing them before they are cleaned and sanitized for re-use. We will provide additional details soon. Health Care Center residents will continue to use paper products as an added precaution.



## Learning Moment of the Week: Get Cookin'!

Taking care of yourself emotionally is always important. It is especially important at times such as these. As you seek ways to express your sense of adventure and passion for lifelong learning, consider exploring new or improving skills for the kitchen. Hone more than just your knives. Gain skills, eat well and have fun! [bit.ly/GH\\_GetCooking](https://bit.ly/GH_GetCooking)



Cooking Courses

## Staff Leader Q&A: Laundry & Environmental Services

We've heard your questions and concerns about how we are handling laundry, housekeeping and other environmental services duties in light of COVID-19. Theresa Thomas, Director of Environmental Services for GHI, has answered some of your most frequently asked questions. Theresa provided us with such wonderful information that we've created a separate document and included it with this week's Resident Update.

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