



# Addendum | Nov. 13, 2020

## Protocol Guide for Goodwin House Residents

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### *Thanksgiving Holiday*

The Infection Precaution and Planning Team is closely monitoring the recent national and regional surges in COVID-19 cases to ensure we update our protocols as needed in response to this very fluid situation.

Today, we are providing updated Thanksgiving guidance to our residents and staff. This is to ensure that everyone is as safe as possible and that we avoid exposure on our campuses.

**This guidance is supplementary to the Resident Protocol Guide sent out on November 6.**

Why are we using updated guidance?

- ◆ Because there has been a surge in COVID-19 cases across the country and regionally.
- ◆ Because we want residents to be advised that pending further surges, Goodwin House and/or the state of Virginia may impose additional protocols during/after the Thanksgiving holiday resulting in quarantines if you are off campus.

# Updated Guidance for Residents Who Leave Campus

As cases surge, we ask that residents planning to go off campus for Thanksgiving consider remaining on campus. If you do leave campus, please do not attend more than one gathering.

## **Guidance for any gathering you attend:**

- ◆ Please only attend gatherings with no more than 5 attendees and ensure those individuals have not had a confirmed exposure to a positive case or have traveled recently. If your gathering is in a smaller home, then consider minimizing the number of attendees further.
- ◆ Avoid an all-day gathering.
- ◆ Ensure that everyone at the gathering is wearing a mask. If possible, obtain and wear surgical masks, which are more protective than cloth masks.
- ◆ Wear masks at all times other than when eating.
- ◆ Use of hand sanitizers for every person entering the gathering, and before and after eating.
- ◆ Avoid physical contact with others at the gathering.
- ◆ Have disinfectant spray and paper towels in bathrooms – wipe down handles before and after use.

## **Meal time:**

- ◆ One person to serve the food for everyone or a plated meal.
- ◆ Place seats apart – do not over-crowd the table. If necessary use several tables.
- ◆ Leave doors and windows open if the weather permits to allow for better airflow.

## **Upon return to campus:**

Follow the guidance listed in the November 6 Resident Protocol Guide. This includes:

- ◆ Staying in your apartment as much as possible for the following week and follow the guidelines provided. Both campuses will test all residents the week following Thanksgiving.
- ◆ Do not attend group meetings or gatherings in person until after you have been tested the week following Thanksgiving.