



Protocol Guide for Goodwin House Residents

Thanksgiving Holiday



Please note that these protocols are subject to change.

We will update residents and those on the Family and Friends email list if this happens.

For those residents remaining on campus during the Thanksgiving holiday, very special dining plans are being finalized by our Dining Services teams. More information about these dining options will be communicated soon.

Thank you.

Campus Visits

We will open for normal visits with loved ones on our campuses per our usual protocols. Visit availability remains dependent on whether an area or level of living is currently under quarantine. We would like to remind everyone that a negative COVID-19 test is required for visitors.

Please visit www.goodwinhouse.org/campus-visits to schedule your visit.

Protocols for Residents in Independent (Residential) Living

We highly encourage that residents' loved ones have a negative COVID-19 test within 10 days of the visit.

All residents will be tested the week following Thanksgiving. Each community will communicate the date for testing.

If the resident spends the day off campus with loved ones:

There will be no quarantine upon their return. Upon return, they will be asked to follow these guidelines:

- ◆ Stay in their apartments as much as possible until all residents are tested (approximately one week after Thanksgiving)
- ◆ If they must leave their apartment (to pick up mail, packages etc.), they should wear a surgical mask (provided at the Reception Desk).
- ◆ Refrain from attending any gathering or groups
- ◆ Avoid common areas if they do leave their apartment
- ◆ Refrain from engaging in any one-on-one conversations with other residents
- ◆ Call the clinic if they need medical assistance, services or if they are not feeling well. They should not go to the clinic in person.
- ◆ Monitor for symptoms of COVID-19 (listed on next page)
- ◆ Take their temperature daily and report if greater than 99 degrees

If the resident stays overnight with loved ones:

Upon return, they will be quarantined for 7 days.

Protocols for Residents in Independent (Residential) Living

Symptoms of COVID-19

- ◇ Fever or Chills
- ◇ Cough
- ◇ Shortness of breath or difficulty breathing
- ◇ Fatigue
- ◇ Muscle or body aches
- ◇ New loss of taste or smell
- ◇ Congestion or runny nose
- ◇ Headache
- ◇ Sore throat
- ◇ Nausea or vomiting
- ◇ Diarrhea

Protocols for Residents in Health Care, Assisted Living & Memory Support

- ◆ Spouses and family members who reside in the community may eat on these levels of living if they dine in the resident's room and if those areas are not under quarantine.
 - ◇ Limit 2 visitors per room.
- ◆ Residents in these areas are strongly discouraged from leaving the community to dine with loved ones. If this occurs, the resident must quarantine for 7 days upon their return.
- ◆ All other protocols for these areas will remain in effect.