



GOODWIN HOUSE  
BAILEY'S CROSSROADS

## *Frequently Called Support Services for Residential Living*

**Reception Desk/ Security:** Call "0" for 24-hour information or emergency. Call the Reception Desk for medical emergencies. At night or on weekends ask for the nursing supervisor. From outside 703-820-1488.

**Emergency Response Technology:** Call "0" or knock the telephone off the hook or use a pull-cord. Call the clinic for a PET (Personal Emergency Transmitter) or a passive infrared beam signaling device, for a fee.

**Internet: Connection Help Desk:** Ext. 7572. IT Technicians, exts. 1214, 1168, 1215.

**Social Worker:** Call 7225 for counseling and emotional support with life transitions, help with problem solving, referrals to internal and external resources (including legal and financial and professional organizers), education on mental and cognitive health, caregiver support, and end of life planning.

**Clinic Nurse or Nurse Practitioner:** Ext. 7227. Call for a wellness visit or a sick visit, for education on physical health conditions or for assistance with a prescription transfer or a doctor's order for blood work or rehabilitation. Call for information on doctors and a dentist that come to GHBC. Call to relay information on a new health condition, new medications, or pending surgeries.

**Transportation:** Ext. 7436. Call for pricing and to schedule transportation to outside doctors and for information on our shopping shuttles.

**CVS Pharmacy:** 703-820-1061 (phone), 703-824-1353 (fax). Located at GHA, this pharmacy dispenses prescription medication, OTC medication, and all pharmacy products. CVS delivers to the Reception Desk twice a day, at noon and 5:30 p.m. at no additional charge. CVS further assists residents through our Cassette Program. CVS will fill your prescriptions and dispense the medication in a weekly pill box. CVS provides this service for a fee.

**Rehabilitation:** Call clinic with a prescription for on-site Physical Therapy, Occupational Therapy or Speech Therapy. Arrange for an assessment prior to purchasing costly assistive devices at ext. 7660.

**Home Health:** Call intake at ext. 1390 to discuss questions or request information about skilled home health services in your apartment (skilled nursing, physical therapy, occupational therapy, speech therapy).

**Fitness Center:** Ext. 7331. Call about classes and assistance in creating or maintaining an exercise program.

**Registered Dietician:** Ext. 7252. Call for an individual consultation on nutrition.

**Dining Services:** For reservations call ext. 7645. For questions about Dining Dollars or Guest Coupons call ext. 7253. For room service call ext. 7127. For a medical meal tray call the clinic ext. 7227 for a nursing assessment and meal needs.

**Housekeeping:** Ext. 7244. Call for fresh linens, trash pick-up or for help with a spill.

**Personal Laundry and Dry Cleaning:** Ext. 7636. call for pricing and to arrange a drop off.

**Goodwin House Home Care:** Ext. 7232. Call for pricing and to hire a private duty Certified Nursing Assistant for a companion or personal assistance or personal care.

**Goodwin House Palliative Care and Hospice:** Ext. 7108. Call for support managing chronic pain or living with a chronic or terminal health condition.

**Chaplaincy Services:** Ext. 7224. Call for pastoral or spiritual support or for assistance in connecting with community or regional faith community resources. A chaplain is available to you 24/7 through the Reception Desk (dial "0") outside office hours.